

I am eager at the possibility of joining the ICAP Board to continue advancing evidence-based practices in the field of tongue-tie as it relates to speech, feeding, and airway health. I am passionate about working within collaborative, interdisciplinary teams to ensure the best outcomes for clients across the lifespan. ICAP's mission strongly aligns with my personal and professional values, particularly the promotion of collaboration between professions. I am also excited about the opportunity to contribute my strengths in relationship-building to support ICAP's growth, whether through recruiting new members, engaging dynamic speakers, or identifying sponsors to expand the organization's reach and impact.

My professional background reflects a deep commitment to the assessment and treatment of tethered oral tissues (TOTs). I have served as a clinical instructor for several continuing education companies for courses such as *A Guide to Functional Support for Lip & Tongue Ties* and *Pediatric Feeding Disorders*, and have supported individuals from infancy through adulthood before and after frenectomy procedures to improve speech, feeding, oral rest posture, and airway function. I am a Certified Orofacial Myologist with advanced training in TOTs and have been providing specialized care in this area since 2017.

In terms of leadership, I bring experience in both clinical management and professional service. I previously managed a multidisciplinary clinic with 12 therapists, two administrative staff, and a therapy aide. I created a myofunctional therapy program in 2020 and have established strong referral networks with ENTs, orthodontists, and dentists. I also created and led a parent support group for families raising neurodivergent children. Within the IAOM, I served as the ASHA CEA Liaison and was the 2025 IAOM Conference Chair, having also served on the 2024 conference committee.

My involvement with ICAP includes attending the 2024 conference in Cleveland, serving on the 2026 conference committee, and participating in the abstract review process. I am excited to deepen my engagement with ICAP and contribute meaningfully to its mission by serving on the Board.