

Dr Nada Makki-Karnib is the founder and principal speech pathologist at Q Speech Hub, a leading private practice in Sydney, Australia, dedicated to supporting infants, children, and adults with speech, feeding, and language challenges. With over 22 years of combined experience as a hospital biomedical scientist and speech pathologist, Nada brings a holistic, evidence-informed and airway-focussed approach to care.

Her passion lies in identifying and addressing the root causes of oral dysfunction rather than treating symptoms in isolation. This has led to her special interest in Oromyofunctional Disorders (OMDs) and their impact on breathing, sleep, craniofacial growth, and communication. Her doctoral research explored the effectiveness of oromyofunctional therapy (OMT) in treating lisps in school-aged children, an area that bridges the gap between clinical practice and emerging research.

Nada is an active contributor to professional education and collaborative care. She has presented nationally and internationally on topics including tethered oral tissues, sleep-disordered breathing, dentofacial development, early orthopaedic intervention, and OMT integration into clinical practice. Nada is passionate about empowering health professionals to recognise and manage oral dysfunction within a multidisciplinary, evidence-based framework that supports optimal health and development across the lifespan.